



### **TRAUMA TEDDY**

The Red Cross organises the collection of the teddies, which are then distributed via the Ambulance Service, the Fire Brigade and hospitals to children who have experienced a trauma. The pattern describes a teddy with pants and a shirt, but the pattern can be varied. The main thing is that the teddy has a personality of its own. There are variations of the pattern on the internet which you can use.

**YARN:** Double knitting (**no angora or mohair**) preferably washable

**NEEDLES:** No. 9 (3.75 mm) or no. 10 (3.25mm) needles (Loose knitters use No 10)

**LEGS & PANTS:** Leg 1: Cast on 12 stitches. Knit 34 rows. Change colour for pants and knit 8 rows. Leave stitches on the needle. Leg 2: Same as Leg 1  
Pants: Join legs by knitting across both legs. Knit 14 rows to finish pants.

**BODY:** With all 24 stitches on one needle change colour for shirt. Knit 18 rows.

Sleeve: Cast on 12 stitches at the beginning of the next 2 rows. Knit 18 rows.

Next 2 rows cast off 12 stitches (this forms the arms – 24 stitches remain)

Alternatively – do not increase for arms but once head is sewn together, pick up 8 stitches either side of the neck (16 Stitches) and knit 20 rows plus 10 rows main colour for hands.

**HEAD:** Knit 34 rows. Cast off .Repeat the instructions to obtain the other side of the Teddy  
**Or** do not cast off but repeat the instructions in reverse order for the second side.

**FINISHING:** Sew on face. Join up leaving a gap at the top of the head for filling  
Form ears with stitching before filling.

**FILLING:** should preferably new polyester or acrylic but can be wool. No foam.